

South Coast Local Meet Records - Women

<u>Under 12</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
60m	10.52sec	Lucinda Graeme	Leongatha	9/10/2012
100m	16.98sec	Kyla Green	Leongatha	30/10/2012
200m				
400m				
800m	4.02.02min	Lucinda Graeme	Leongatha	9/10/2012
1500m				
2000m				
3000m				
80mH	20.60sec	Kyla Green	Leongatha	30/10/2012
200mH				
1500w				
3000w				
Long Jump	2.44m	Theresa Roberts	Wonthaggi	11/12/2012
Triple Jump	6.79m	Kyla Green	Leongatha	30/10/2012
High Jump	1.20m	Lucinda Graeme	Leongatha	9/10/2012
Shot Put				
Discus	8.09m	Theresa Roberts	Wonthaggi	11/12/2012
Javelin (400g)	11.30m	Theresa Roberts	Leongatha	27/11/2012
<u>Under 14</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
60m	9.30sec	Ruby Martin	Leongatha	30/10/2012
100m	12.81sec	Robyn Byrne	Wonthaggi	5/02/2008
200m	29.67sec	Robyn Byrne	Wonthaggi	4/12/2007
400m	1.11.10min	Sadie Plumb	Leongatha	9/12/2008
800m	2.40.33min	Sadie Plumb	Leongatha	18/11/2008
1500m	5.12.14min	Sadie Plumb	Leongatha	10/11/2009
2000m	7.29.88min	Sadie Plumb	Leongatha	15/12/2009
3000m	11.59.60min	Anna Kentwell	Wonthaggi	25/11/2008
80mH	14.92sec	Angela Byrne	Leongatha	23/10/2007
200mH	36.90sec	Charlotte Huigsloot	Leongatha	6/11/2007
1500w	8.39.64min	Cassandra Raselli	Leongatha	11/12/2007
3000w				
Long Jump	4.74m	Robyn Byrne	Leongatha	19/02/2008
Triple Jump	10.15m	Robyn Byrne	Wonthaggi	5/02/2008
High Jump	1.50m	Eleanor Patterson	Wonthaggi	24/02/2009
Shot Put	6.86m	Jezeloni Montgomery	Wonthaggi	20/11/2007
Discus	23.70m	Jezeloni Montgomery	Wonthaggi	5/02/2008
Javelin (400g)	21.93m	Sadie Plumb	Leongatha	18/11/2008
<u>Under 16</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
60m	8.51sec	Angela Byrne	Leongatha	19/02/2008
100m	12.23sec	Angela Byrne	Wonthaggi	28/10/2008
200m	28.31sec	Megan Ryan	Wonthaggi	4/12/2007
400m	1.04.62min	Megan Ryan	Leongatha	11/12/2007
800m	2.29.49min	Megan Ryan	Wonthaggi	16/12/2008
1500m	5.12.14min	Sadie Plumb	Leongatha	10/11/2009
2000m	7.29.88min	Sadie Plumb	Leongatha	15/12/2009
3000m	11.59.60min	Anna Kentwell	Wonthaggi	25/11/2008

<u>Under 16</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
90mH	15.97sec	Hayley Matthews	Leongatha	22/01/2008
200mH	32.94sec	Megan Ryan	Leongatha	6/11/2007
1500w	8.39.64min	Cassandra Raselli	Leongatha	11/12/2007
3000w				
Long Jump	4.74m	Robyn Byrne	Leongatha	19/02/2008
Triple Jump	10.15m	Robyn Byrne	Wonthaggi	5/02/2008
High Jump	1.60m	Eleanor Patterson	Leongatha	10/11/2009
Shot Put 3kg	12.16m	Kristie Bryden	Wonthaggi	25/11/2008
Discus	30.29m	Kristie Bryden	Wonthaggi	4/12/2007
Javelin 400g	28.90m	Alana Green	Leongatha	11/12/2007
Javelin 500g	25.39m	Sadie Plumb	Leongatha	15/11/2011
<u>Under 18</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
60m	8.28sec	Donna Byrne	Leongatha	19/02/2008
100m	12.23sec	Angela Byrne	Wonthaggi	28/10/2008
200m	28.31sec	Megan Ryan	Wonthaggi	4/12/2007
400m	1.04.62min	Megan Ryan	Leongatha	11/12/2007
800m	2.29.49min	Megan Ryan	Wonthaggi	16/12/2008
1500m	5.12.14min	Sadie Plumb	Leongatha	10/11/2009
2000m	7.29.88min	Sadie Plumb	Leongatha	15/12/2009
3000m	11.59.60min	Anna Kentwell	Wonthaggi	25/11/2008
5000m	21.51.74min	Emma Plumb	Wonthaggi	15/01/2008
100mH	21.62sec	Sandra Plumb	Leongatha	30/10/2012
1500w	8.39.64min	Cassandra Raselli	Leongatha	11/12/2007
3000w				
Long Jump	5.11m	Alana Green	Leongatha	18/11/2008
Triple Jump	10.15m	Robyn Byrne	Wonthaggi	5/02/2008
High Jump	1.60m	Eleanor Patterson	Leongatha	10/11/2009
Shot Put (4kg)	11.66m	Kristie Bryden	Wonthaggi	5/02/2008
Discus	30.79m	Kristie Bryden	Wonthaggi	24/02/2009
Javelin	32.55m	Alana Green	Leongatha	18/11/2008
<u>Under 20</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
60m	8.28sec	Donna Byrne	Leongatha	19/02/2008
100m	12.23sec	Angela Byrne	Wonthaggi	28/10/2008
200m	28.31sec	Megan Ryan	Wonthaggi	4/12/2007
400m	1.04.62min	Megan Ryan	Leongatha	11/12/2007
800m	2.29.49min	Megan Ryan	Wonthaggi	16/12/2008
1500m	5.12.14min	Sadie Plumb	Leongatha	10/11/2009
2000m	7.29.88min	Sadie Plumb	Leongatha	15/12/2009
3000m	11.59.60min	Anna Kentwell	Wonthaggi	25/11/2008
5000m	21.51.74min	Emma Plumb	Wonthaggi	15/01/2008
1500w	8.39.64min	Cassandra Raselli	Leongatha	11/12/2007
3000w				
Long Jump	5.11m	Alana Green	Leongatha	18/11/2008
Triple Jump	10.15m	Robyn Byrne	Wonthaggi	5/02/2008
High Jump	1.60m	Eleanor Patterson	Leongatha	10/11/2009
Shot Put (4kg)	11.66m	Kristie Bryden	Wonthaggi	5/02/2008
Discus	30.79m	Kristie Bryden	Wonthaggi	24/02/2009
Javelin	32.55m	Alana Green	Leongatha	18/11/2008

<u>Open</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
60m	8.28sec	Donna Byrne	Leongatha	19/02/2008
100m	12.23sec	Angela Byrne	Wonthaggi	28/10/2008
200m	28.31sec	Megan Ryan	Wonthaggi	4/12/2007
400m	1.04.62min	Megan Ryan	Leongatha	11/12/2007
800m	2.29.49min	Megan Ryan	Wonthaggi	16/12/2008
1500m	5.12.14min	Sadie Plumb	Leongatha	10/11/2009
2000m	7.29.88min	Sadie Plumb	Leongatha	15/12/2009
3000m	11.59.60min	Anna Kentwell	Wonthaggi	25/11/2008
5000m	21.51.74min	Emma Plumb	Wonthaggi	15/01/2008
100mH	21.62sec	Emma Plumb	Leongatha	30/10/2012
1500w	8.39.64min	Cassandra Raselli	Leongatha	11/12/2007
3000w				
Long Jump	5.11m	Alana Green	Leongatha	18/11/2008
Triple Jump	10.15m	Robyn Byrne	Wonthaggi	5/02/2008
High Jump	1.60m	Eleanor Patterson	Leongatha	10/11/2009
Shot Put (4kg)	11.66m	Kristie Bryden	Wonthaggi	5/02/2008
Discus	30.79m	Kristie Bryden	Wonthaggi	24/02/2009
<u>Open</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
Javelin	32.55m	Alana Green	Leongatha	18/11/2008
<u>Masters 40+</u>	<u>Performance</u>	<u>Athlete</u>	<u>Venue</u>	<u>Date</u>
60m	10.12sec	Belinda Kirkham	Leongatha	19/02/2008
100m	16.40sec	Belinda Kirkham	Leongatha	22/01/2008
200m	35.68sec	Belinda Kirkham	Leongatha	22/01/2008
400m	1.25.08min	Belinda Kirkham	Leongatha	11/12/2007
800m	2.57.80min	Belinda Kirkham	Leongatha	22/01/2008
1500m	5.58.42min	Caroline Beischer	Wonthaggi	14/01/2014
2000m	11.34.21min	Terra Plumb	Leongatha	9/11/2010
3000m				
1500w	14.37.68min	Beth Montgomery	Wonthaggi	20/11/2007
3000w				
Long Jump	3.13m	Belinda Kirkham	Wonthaggi	15/01/2008
Triple Jump	5.16m	Beth Montgomery	Wonthaggi	11/02/2014
High Jump				
Shot Put	6.63m	Beth Montgomery	Wonthaggi	11/12/2012
Discus	16.28m	Beth Montgomery	Wonthaggi	30/10/2007
Javelin	15.96m	Margie Matheson	Leongatha	18/11/2008